

# INSGNA Newsletter

## December 2023

### Message from the President: Susan Selking RN, BSN, CGRN

I hope everyone had a fun fall and a wonderful Thanksgiving! We now look forward to the Christmas season.

The end of 2023 is upon us and it is time to look back at the year that passed and ahead to 2024. INSGNA had another busy year as we worked on updating our organization to better fit the needs of our members.

We accomplished the following:

1. The Board had four Zoom board meetings over the past year.
2. Our program committee out did themselves with two outstanding educational conferences. Our conferences had over 60 people attending plus vendors! Thank you to Springmill Surgery Center- IU Health and Community North for hosting our conferences.
3. Attendance at the SGNA Annual Course held in Phoenix, Arizona. It was the 50th year for this conference and such an honor to represent our organization.
4. We held our elections at our Fall Conference September 30th. Thank you to the officers who continue to serve while we mentor new committee chairs in the hopes of filling officer positions in the next election.
5. Melissa Burk, President-elect, and Dana Brimer, Secretary, for INSGNA attended the SGNA Leadership Conference held in Chicago, October 20 and 21st.
6. Published three newsletters.
7. Our education chair coordinated two vendor educational dinners in addition to our conferences.
8. Our new website chair, James Brown, has created a LinkedIn account for INSGNA.
9. Leah Lopez has joined us as our Membership Chair. We look forward to promoting membership over the coming year. Thank you to Josh Beard, our outgoing chair, for his work with the committee.

Looking towards 2024, it is our hope to continue the momentum of the past year. Thank you to everyone serving on our INSGNA committees and, thank you, to our members for your dedication to our specialty.

Enjoy the holiday season, and we will hopefully see you at an INSGNA function in 2024!

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**Immediate Past-President, Nominations Chair, Historian: Dianna Burns, BSN, RN, CGRN**

Happy Holidays to everyone! As we are preparing for one of the busiest times of the year I would like to take a moment to reflect on this past year. I have been extremely lucky to have been able to continue building relationships with my INSGNA family and personal family members. I have seen a growth in our INSGNA family that brings a smile to my face. As many of you know we have been through some rough times. Rough enough to almost call it quits. Our Committees have volunteers that are truly interested in the growth of the organization and have become active participants. Thank you for your commitment! I look forward to the new year watching the organization thrive again. A special thank you to Susan Selking for all of her hard work in keeping INSGNA 'afloat'. Without her hard work and true commitment I fear there would no longer have been an INSGNA. I look forward to watching the continued growth in the next year. Have happy and healthy holidays. See you in Ft. Wayne in the spring.

**Treasurer's Report: Deborah Nesbitt, BSN, RN, CGRN**

Checking: \$7,386.51

Savings: \$17,615.24

**Program Committee: Angie Aurthur, BSN, RN, CGRN**

Thank you to all who attended the 2023 Fall INSGNA conference, it was a huge success this year. Our speakers and vendors were absolutely amazing with all the educational information provided. We are busy planning our Spring conference, it has had a small twist in the making, but is now back on track. James Brown has graciously stepped up to host. It will NOW be on April 27th at Lutheran Hospital in Fort Wayne. Stay tuned for further updates and save the date. Hope to see you all there.

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### **Education/Scholarship Committee: Anndee Gosnell, MSN, RN, CAPA**

Congratulations to our 2023 Scholarship Winners: Cari Bitner for the Spring INSGNA Conference, Deb Nesbitt for the National SGNA Conference and Suzanne Goshorn for the Fall INSGNA Conference.

Winners are required to submit either an article or do an in-person presentation after the applicable conference. Thank you, Suzanne for sharing your experience:

*"I want to thank INSGNA board members for the opportunity to attend the Fall 2023 INSGNA Conference in Indianapolis. All of the speakers were very knowledgeable of their topics and offered more insight into the specialty of Endoscopy. I learned a great deal about the history of Endoscopy and in depth techniques for EUS and ERCP procedures. A surgeon I worked with many years ago, Dr Ditslear, spoke about complications from bariatric surgery and provided case studies on how he and his team repaired the defects over several months utilizing surgery and endoscopy to correct the issues. Overall, each of the speakers were very informative and I believe my attendance at this conference has improved my understanding of the procedures I assist with daily at Ascension St Vincent Indianapolis."*

We are looking for members to participate in the Education & Scholarship Committee. Goals for the committee include promoting INSGNA involvement in education and ABCGN certification by promoting courses, certification review opportunities and testing dates. Additionally, the committee reviews all submitted applications for scholarship. The committee meets semi-annually or when needs arise, via Microsoft Teams to discuss and brainstorm. Applications for scholarships are available online. We are currently accepting applications for the Spring INSGNA & SGNA National Conferences. One scholarship is available for each category. The deadline for the National Conference is March 4, 2023.

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### **Website Committee: James Brown, MBA, BSN, RN, CGRN**

I am so excited to be joining the INSGNA team! I moved up from Fort Worth, Texas this year where I was a member of the Greater Fort Worth SGNA chapter. I've been working in Endo for a little over ten years, and am looking forward to what we can accomplish together. I'm thrilled we're able to bring the INSGNA Spring Conference to Fort Wayne in April and can't wait to see everyone.

INSGNA is looking to connect with all of our professional peers in GI, so we've started a LinkedIn page for those not connected with Facebook. Our practice is better, together!

### **President Elect: Melissa Burk, BSN, RN, CGRN**

Happy Holidays! Dana Brimer and I were able to represent your INSGNA board at this October's SGNA leadership conference in Chicago. We were able to spend time with other regions strategizing personal branding, regional growth, and utilizing effective social media content to encourage regional growth. My favorite session was a breakout that involved the different regions discussing how they handle membership retention, social media strategies, and board management. It was great seeing how different boards with differing levels of experience brought so many ideas to the table. Together, we are a strong group of professionals working to promote GI health! Be sure to join us in April for the INSGNA spring conference, and in May for the SGNA annual course in Louisville, KY!

Respectfully submitted,  
Dana Brimer, RN, BSN, CGRN, Secretary INSGNA